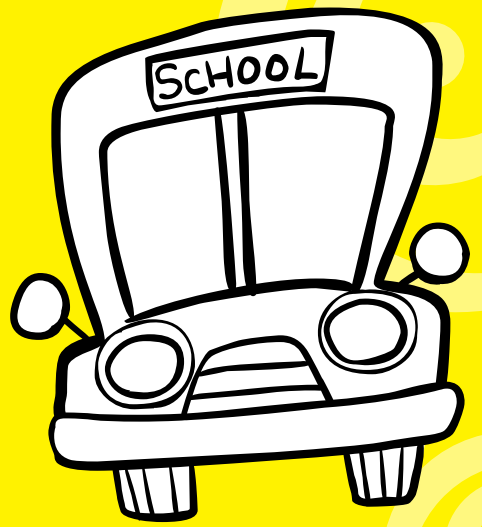


ACTIVITY BOOK



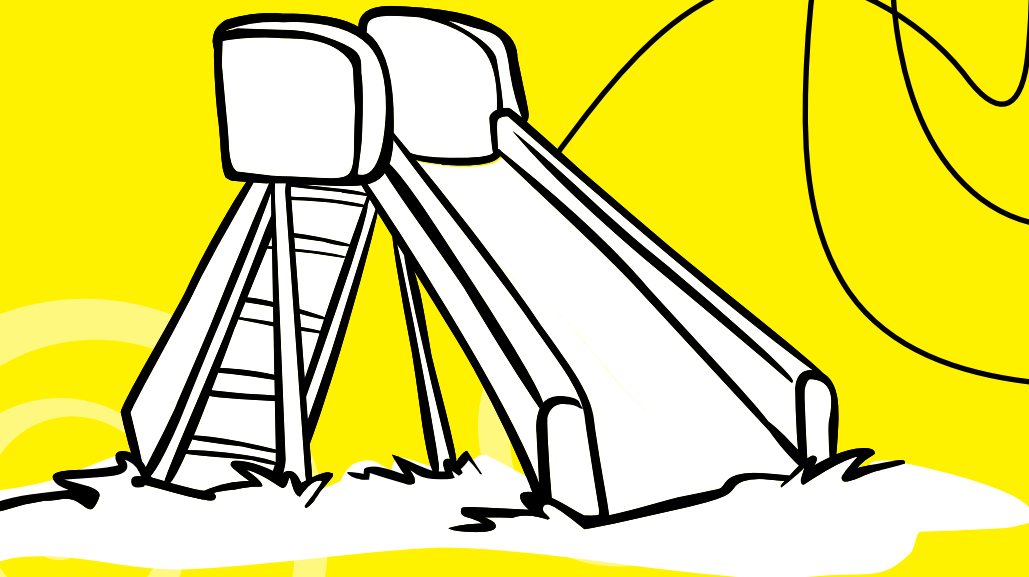
Which line will take the bus to the park?



1.

2.

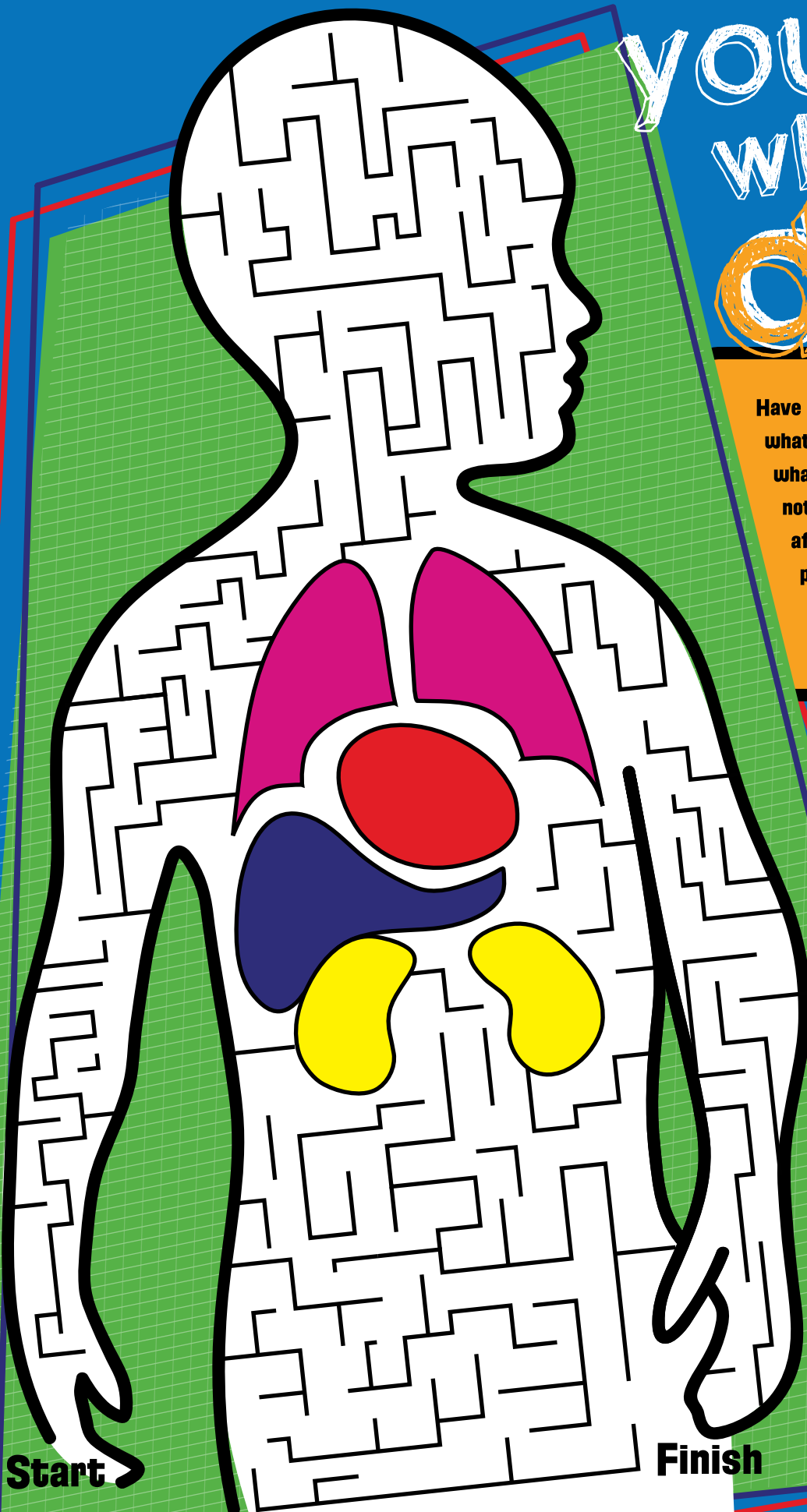
3.



Answer:

you are what you drink

Have you heard the expression “you are what you eat?” Same goes for “you are what you drink!” Drinking alcohol will not only make you feel bad but it affects your entire body! Alcohol even prevents a kid’s body from growing properly. That’s why it’s important to stay away from alcohol!



Start

Finish

get the picture

Goldie is finally cleaning her bowl. Help her find all the items that are messing up her fish bowl.



Alcohol can cloud your vision, mind and memory. It will mess up your body, the way you think, and even your personality.

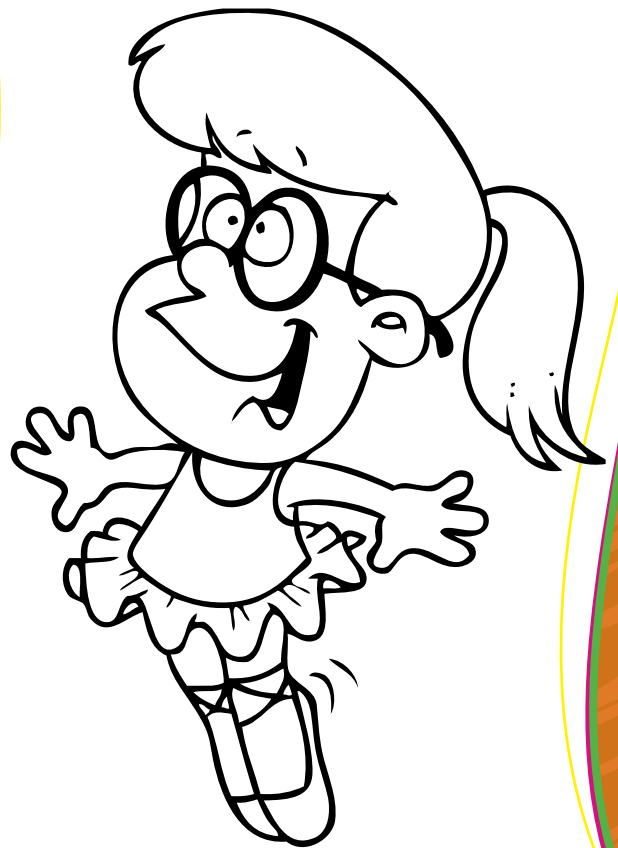
say yes to a healthy body and no to alcohol

connect the dots



i have better things to do

Drinking alcohol will take away from the things you love doing. Color your favorite activities!





Draw your own!

Draw your own!



Illustration by: Simeon Nelson

www.nd.gov/dhs/prevention

